

## Deborah Mills MBBS MPHTM

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### ***EDUCATION***

**Bachelor of Medicine, Bachelor of Surgery**

University of Queensland – 1983

**Master of Public Health and Tropical Medicine**

James Cook University – 2016

### ***PROFESSIONAL QUALIFICATIONS***

Certificate of Travel Health, International Society of Travel Medicine – 2008

Fellow, Australasian College of Tropical Medicine – 1992

Fellow, Faculty of Travel Medicine, Australasian College of Tropical Medicine

Fellow International Society Travel Medicine 2021

### ***AWARDS***

**Surgeon General John White Medal - 2013**

For Leadership and Service to the speciality discipline of Travel Medicine

### ***CURRENT CLINICAL APPOINTMENTS***

**Travel Medicine Doctor** full time – 1988 to present

Dr Deb – The Travel Doctor clinic, Brisbane

### ***EMPLOYMENT HISTORY***

**Founding Practice Principle and Medical Director** - 1988 to present

Dr Deb The Travel Doctor

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Specialised Travel Medicine clinic; Brisbane CBD

Clinic provides services in travel medicine, corporate health, occupational health, seafarers health and all vaccinations including Yellow Fever, Q Fever.

Responsibilities included clinical duties; development of clinic policies and quality assurance activities; recruitment, supervision, and training of doctors, nurses, and administrative staff; implementation and management of information technology systems including clinic website, blog, twitter, facebook, youtube videos, online travel medicine training quizzes; and financial planning and management.

**Founded Travel Medicine Alliance** - 2005 to present

2005 Founded the Travel Medicine Alliance (TMA) – network of 35 independent Travel Medicine clinics across Australia. Organises training program, and annual conference on Travel Health for member clinics around Australia. Acts as group spokesperson in the media for this organization.

**Locum General Practitioner** - 1986 to 1987

Brisbane, West Middlesex Hospital, London, Australian Ski fields

**Resident Medical Officer and Registrar** - 1984 to 1985

Rockhampton Base Hospital

## ***PROFESSIONAL AFFILIATIONS***

The International Society of Travel Medicine

International Association for Medical Assistance to Travellers (IAMAT)

Australasian College of Tropical Medicine

Australian Medical Association

Register of Examining Doctor OGUK

National Speakers Association

Senior researcher CRESTMA

## ***TEACHING***

Guest Lecturer:

Royal College General Practitioners,

James Cook University,

Worldwise Medical Clinics, New Zealand.

Travel Medicine Alliance Training meetings and conferences

## ***ELECTRONIC RESOURCES DEVELOPED FOR TRAVELLERS***

iPhone App: Travel Health

iPhone /Android App: Vaccine Record for Travellers

Travel Medicine Cartoon series

## ***CONFERENCES***

### **Conferences/Short courses on travel medicine including:**

- 1991 2nd International Conference on Travel Medicine, Atlanta USA
- 1992 American College of Physicians Travel and Tropical Medicine Seminar, Bangkok
- 1993 3<sup>rd</sup> International Conference on Travel Medicine, Paris
- 1995 4<sup>th</sup> International Conference on Travel Medicine, Acapulco
- 1997 5<sup>th</sup> International Conference on Travel Medicine, Geneva
- 1998 University of Glasgow Travel Medicine Course, Madras India 1
- 1991-98 Assorted Tropical Health and Nutrition Conferences and Meetings of the Australasian College of Tropical Medicine
- 1999 6<sup>th</sup> International Conference on Travel Medicine, Montreal
- 2000 Wilderness Medical Society Conference, USA
- 2001 7<sup>th</sup> International Conference on Travel Medicine, Innsbruck
- 2002 4<sup>th</sup> Asia Pacific Travel Health Conference, Shanghai
- 2004 Africa European Conference on Travel Medicine, Capetown
- 2006 Northern European Conference on Travel Medicine, Edinburgh
- 2006 6<sup>th</sup> Asia Pacific Travel Health Conference, Bangkok
- 2007 10th International Conference on Travel Medicine, Vancouver
- 2007 Travel Medicine Alliance Annual Medical Meeting, Brisbane
- 2008 Asia Pacific International Conference Travel Medicine, Melbourne
- 2008 Travel Medicine Alliance Annual Medical Meeting, Bhutan
- 2009 11<sup>th</sup> International Conference on Travel Medicine, Budapest
- 2009 Travel Medicine Alliance Annual Medical Meeting, Adelaide
- 2010 World Wise Travel Medicine Meeting invited speaker, New Zealand
- 2010 Travel Medicine Alliance Annual Medical Meeting, Vanuatu
- 2011 12<sup>th</sup> International Conference on Travel Medicine, Boston
- 2011 Travel Medicine Alliance Annual Medical Meeting, Brisbane
- 2012 Travel Medicine Alliance Annual Medical Meeting, Hobart
- 2012 Tropical Surgery Conference, Cairns
- 2013 13<sup>th</sup> International Conference on Travel Medicine, Maastricht
- 2014 Asia Pacific Travel Health Conference, Ho Chi Minh
- 2014 Travel Medicine Alliance Annual Meeting, Perth
- 2015 14<sup>th</sup> International Conference on Travel Medicine, Quebec
- 2015 Travel Medicine Alliance Annual Medical Meeting, Brisbane
- 2017 15<sup>th</sup> International Conference on Travel Medicine, Barcelona
- 2017 Travel Medicine Alliance Annual Medical Meeting, Brisbane
- 2018 Travel Medicine Alliance Annual Medical Meeting, Melbourne
- 2019 Travel Medicine Alliance Annual Medical Meeting, Brisbane
- 2019 Southern Cross Travel Medicine Meeting, Sydney.
- 2021 17<sup>th</sup> International Conference on Travel Medicine, Virtual

## ***BOOKS***

**Travelling Well: The must have guide to a safe and healthy journey**

225,000 copies in print – now in 21<sup>st</sup> edition

Also available for iPad and Kindle, in Vietnamese and in Braille

**Travelling Well Fun Book:**

Resource for parents taking children overseas

## ***BOOK CHAPTER***

**Mills D, Wingate D, Nonspecific Treatment: Diet, Oral Rehydration therapy, Travelers' diarrhea, 2003.** . BC Decker, Hamilton, Ont. ; Lewiston, NY.

**Mills D.J., Ramsey L., Furuya-Kanamori L. (2021) Pre- and Post-Travel Medical Consultations.** In: Wilks J., Pendergast D., Leggat P.A., Morgan D. (eds) **Tourist Health, Safety and Wellbeing in the New Normal.** Springer, Singapore.  
[https://doi.org/10.1007/978-981-16-5415-2\\_3](https://doi.org/10.1007/978-981-16-5415-2_3)

## ***PRESENTATIONS***

**Mills D, Tessier D, Preparation of the Last Minute Traveller ,** International Society of Travel Medicine Conference. May 2011, Boston

**Mills D, The effectiveness of a modified intradermal rabies schedule, case series of 420 travellers.** International Society of Travel Medicine Conference. May 2011, Boston

**Mills D, Social Media in the practice of Travel Medicine,** Asia Pacific Travel Health Conference Vietnam , May 2014

**Mills D Efficacy of One-dose Intramuscular Rabies Vaccine as Pre-exposure Prophylaxis in Travellers,** CISTM17 International Society of Travel Medicine Conference, 2021 Virtual

## ***CO-AUTHOR FOR PRESENTATIONS AT CONFERENCES***

*The Welcome Home Questionnaire as a Quality Assurance Tool.* This paper was presented at the Second International Conference on Travel Medicine Atlanta USA, May 91.

*Returning Travellers Survey.* Survey of all returning travellers to determine the effectiveness of pre-travel advice, and presented at the Second International Conference on Travel Medicine in Atlanta, USA.

*Loa Loa A case report in Australia.* Presented at the Microbiological Conference in Sydney.

Leggat PA, **Mills D**, Speare R. *Level of concern and sources of information of Australian hostellers for personal safety and terrorism when travelling abroad.* 5th European Conference on Travel Medicine. Venice, Italy, March, 2006; P53: 71

Leggat PA, **Mills D**, Speare R. *Hostellers' knowledge of transmission and prevention of avian influenza when travelling abroad.* 15th Annual Scientific Meeting of The Australasian College of

Tropical Medicine held in conjunction with the Australian Institute of Medical Scientists, Townsville, Australia. June 2006.

Leggat PA, **Mills D**, Speare R. *Hostellers' knowledge of transmission and prevention of avian influenza when travelling abroad*. Australian Biosecurity CRC National Workshop, Cairns, August 2006, P.20: 37.

Lau C, **Mills D**, *The Tolerability of a Combined Hepatitis A and Typhoid Vaccine in Children Aged 2 to 16 Years*. 14<sup>th</sup> Annual Conference of International Society of Travel Medicine, Quebec May 2015

## ***PUBLICATIONS IN PEER REVIEWED JOURNALS***

- Mulhall, B.P., Hu, M., Thompson, M., Lin, F., Lupton, D., **Mills, D.**, Maund, M., Cass, R., Millar, D., 1993. Planned sexual behaviour of young Australian visitors to Thailand. *Med. J. Aust.* 158, 530–535.
- Leggat, P.A., **Mills, D.**, Speare, R., 2007. Level of Concern and Sources of Information of a Group of Brisbane Hostellers for Personal Safety and Terrorism When Traveling Abroad. *Journal of Travel Medicine* 14, 112–116.
- Mills, D.J.**, Lau, C.L., Weinstein, P., 2011. Animal bites and rabies exposure in Australian travellers. *Med. J. Aust.* 195, 673–675.
- Mills, D.J.**, Lau, C.L., Fearnley, E.J., Weinstein, P., 2011. The Immunogenicity of a Modified Intradermal Pre-exposure Rabies Vaccination Schedule—A Case Series of 420 Travelers. *Journal of Travel Medicine* 18, 327–332.
- Mills, D.**, 2013. Intradermal pre-exposure rabies vaccination. Promises and pitfalls. *Travel Medicine and Infectious Disease* 11, 335–336. doi:10.1016/j.tmaid.2013.10.007
- Martin-Blondel, G., Iriart, X., Baidouri, F. El, Simon, S., **Mills, D.**, Demar, M., Pistone, T., Le Taillandier, T., Malvy, D., Gangneux, J.-P., Couppie, P., Munckhof, W., Marchou, B., Ravel, C., Berry, A., 2015. Outbreak of *Leishmania braziliensis* Cutaneous Leishmaniasis, Saül, French Guiana. *Emerging Infectious Diseases* 21, 892–894. doi:10.3201/eid2105.1411811.
- Lau CL, Streeton CL, David MC, Sly PD, **Mills DJ**. The tolerability of a combined hepatitis A and typhoid vaccine in children aged 2–16 years: an observational study. *Journal of Travel Medicine*. 2016 Feb 1;23(2):tav023.
- Mills, D.J.**, Kohl, S.E., 2016. Twitter for travel medicine providers. *Journal of Travel Medicine* 23, taw002. doi:10.1093/jtm/taw002
- Furuya-Kanamori L, **Mills D**, Sheridan S, Lau C. Medical and psychological problems faced by young Australian gap year travellers. *J Travel Med.* 2017;24(5). doi:10.1093/jtm/tax052.
- Jelinek T, Cromer MA, Cramer JP, **Mills D** et al. Safety and immunogenicity of an inactivated Vero cell-derived Japanese encephalitis vaccine (IXIARO® , JESPECT® ) in a pediatric population in JE non-endemic countries: An uncontrolled, open-label phase 3 study. *Travel Medicine and Infectious Disease*. March 2018. doi:10.1016/j.tmaid.2018.03.003
- Lau CL, Ramsey L, Mills L, Furuya-Kanamori L, **Mills DJ**. Drug-free holidays: Compliance, tolerability, and acceptability of a 3-day atovaquone/proguanil schedule for pre-travel malaria chemoprophylaxis in Australian travellers. *Clinical Infectious Diseases* 2018 Oct

- Armstrong M, Francis J, Robson J, Graves S, **Mills D**, Ferguson J, et al. Q fever vaccination of children in Australia: Limited experience to date: Q fever vaccination in Australia. *Journal of Paediatrics and Child Health* 2019 Jan 2
- Wang J, Liu-Lastres B, Ritchie BW, **Mills DJ**. Travellers' self-protections against health risks: An application of the full Protection Motivation Theory. *Annals of Tourism Research*. 2019 Sep;78:102743.
- Furuya-Kanamori L, Stone J, Yakob L, Kirk M, Collignon P, **Mills DJ**, et al. Risk factors for acquisition of multidrug-resistant Enterobacterales among international travellers: A synthesis of cumulative evidence. *Journal of Travel Medicine* 2019 Nov 6
- Furuya-Kanamori L, Lau CL, Banks S, **Mills DJ**. Impact of pre-departure preparation on the health and wellbeing of Australian gap year travellers. *Travel Medicine and Infectious Disease*. 2020 Apr;101682.
- Furuya-Kanamori L, Dutton P, Leeb A, **Mills DJ**, Andrews R, Lau CL. Adverse Events Following Immunization With Combined vs Concurrent Monovalent Hepatitis A and Typhoid Vaccines in Children. *Journal of the Pediatric Infectious Diseases Society* 2020 Apr 25
- Furuya-Kanamori L, **Mills DJ**, Lau CL. Could intradermal be an economical alternative route of administration for Japanese encephalitis vaccines? *Journal of Travel Medicine* 2020 Sep 29
- Mills DJ**, Lau CL, Furuya-Kanamori L. Low uptake of Japanese encephalitis vaccination among Australian travellers. *Journal of Travel Medicine* 2020 Dec 12
- Xu C, Lau CL, Clark J, Rafferty AC, **Mills DJ**, Ramsey L, et al. Immunogenicity after pre- and post-exposure rabies vaccination: A systematic review and dose-response meta-analysis. *Vaccine* 2021 Jan 18
- Islam N, Wright S, Lau CL, Doi SAR, **Mills DJ**, Clark J, et al. Efficacy of a 3-day pre-travel schedule of Tafenoquine for malaria chemoprophylaxis: A network meta-analysis. *Journal of Travel Medicine*. 2021 Apr 8;taab057.
- Mills DJ**, Lau CL, Mills C, Furuya-Kanamori L. Efficacy of one-dose intramuscular rabies vaccine as pre-exposure prophylaxis in travellers. *Journal of Travel Medicine*. 2021 Apr 10;taab059.
- Furuya-Kanamori L, Xu C, Doi SAR, Clark J, Wangdi K, **Mills DJ**, et al. Comparison of immunogenicity and safety of licensed Japanese encephalitis vaccines: A systematic review and network meta-analysis. *Vaccine*. 2021 Jun;S0264410X21007593.
- Ling W, Doi SAR, Lau CL, **Mills DJ**, Kostoulas P, Furuya-Kanamori L. Diagnostic accuracy of ELISA kits for measurement of rabies antibodies. *Journal of Travel Medicine*. 2021 Jul 7;28(5):taab060.
- Furuya-Kanamori L, **Mills DJ**, Trembizki E, Robson JM, Jennison AV, Whiley DM, et al. High rate of asymptomatic colonization with antimicrobial-resistant *Escherichia coli* in Australian returned travellers. *Journal of Travel Medicine*. 2021 Sep 7;taab141.
- Mills DJ**, Lau CL, Mills C, Furuya-Kanamori L. Long-term persistence of antibodies and boostability after rabies intradermal pre-exposure prophylaxis. *Journal of Travel Medicine*. 2021 Dec 7;taab188.
- Islam N, Lau C, Leeb A, **Mills D**, Furuya-Kanamori L. Safety profile comparison of chimeric live attenuated and Vero cell-derived inactivated Japanese encephalitis vaccines through an active surveillance system in Australia. *Human Vaccines & Immunotherapeutics*. 2022 Mar 7;1–8.

***INVITED REVIEW FOR PEER REVIEWED JOURNALS***

Medical Journal Australia  
Journal Travel Medicine  
Journal of Military and Veterans' Health  
PLOS  
Journal Paediatrics and Child Health

***THE AUSTRALIAN NATIONAL UNIVERSITY***

Visiting Fellow by for the period 9/10/2019 to 8/10/2021