

Curriculum Vitae

Deborah Mills MBBS MPHTM

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EDUCATION

Bachelor of Medicine, Bachelor of Surgery

University of Queensland – 1983

Master of Public Health and Tropical Medicine

James Cook University – 2016

PROFESSIONAL QUALIFICATIONS

Certificate of Travel Health, International Society of Travel Medicine – 2008

Fellow, Australasian College of Tropical Medicine – 1992

Fellow, Faculty of Travel Medicine, Australasian College of Tropical Medicine

AWARDS

Surgeon General John White Medal - 2013

For Leadership and Service to the speciality discipline of Travel Medicine

CURRENT CLINICAL APPOINTMENTS

Travel Medicine Doctor full time – 1988 to present

Dr Deb – The Travel Doctor clinic, Brisbane

EMPLOYMENT HISTORY

Founding Practice Principle and Medical Director - 1988 to present

Dr Deb The Travel Doctor

Specialised Travel Medicine clinic; Brisbane CBD

Clinic provides services in travel medicine, corporate health, occupational health and all vaccinations including Yellow Fever, Q Fever.

Responsibilities included clinical duties; development of clinic policies and quality assurance activities; recruitment, supervision, and training of doctors, nurses, and administrative staff; implementation and management of information technology systems including clinic website, blog, twitter, facebook, Youtube videos, online travel medicine training quizzes; and financial planning and management.

Founded Travel Medicine Alliance - 2005 to present

2005 Founded the Travel Medicine Alliance (TMA) – network of over 30 independent Travel Medicine clinics across Australia. Organise training program, and annual conference on Travel Health for member clinics around Australia. Act as group spokesperson in the media for this organization.

Locum General Practitioner - 1986 to 1987

Brisbane, West Middlesex Hospital, London, Australian Ski fields

Resident Medical Officer and Registrar - 1984 to 1985

Rockhampton Base Hospital

PROFESSIONAL AFFILIATIONS

The International Society of Travel Medicine

International Association for Medical Assistance to Travellers (IAMAT)

Australasian College of Tropical Medicine

Australian Medical Association

Royal Australian College General Practitioners

National Speakers Association

TEACHING

Guest Lecturer:

RACGP Trainees,

JCU Travel Medicine Course,

Worldwise Medical Clinics, New Zealand,

Travel Medicine Alliance Training meetings and conferences

ELECTRONIC RESOURCES DEVELOPED FOR TRAVELLERS

iPhone App: Travel Health

iPhone /Android App: Vaccine Record for Travellers

CONFERENCES

Conferences/Short courses on travel medicine including:

- 1991 2nd International Conference on Travel Medicine, Atlanta USA
- 1992 American College of Physicians Travel and Tropical Medicine Seminar, Bangkok
- 1993 3rd International Conference on Travel Medicine, Paris
- 1995 4th International Conference on Travel Medicine, Acapulco
- 1997 5th International Conference on Travel Medicine, Geneva
- 1998 University of Glasgow Travel Medicine Course, Madras India 1998
- 1991-98 Assorted Tropical Health and Nutrition Conferences and Meetings of the Australasian College of Tropical Medicine
- 1999 6th International Conference on Travel Medicine, Montreal
- 2000 Wilderness Medical Society Conference, USA
- 2001 7th International Conference on Travel Medicine, Innsbruck
- 2002 4th Asia Pacific Travel Health Conference, Shanghai
- 2004 Africa European Conference on Travel Medicine, Capetown
- 2006 Northern European Conference on Travel Medicine, Edinburgh
- 2006 6th Asia Pacific Travel Health Conference, Bangkok
- 2007 10th International Conference on Travel Medicine, Vancouver
- 2007 Travel Medicine Alliance Annual Medical Meeting, Brisbane
- 2008 Asia Pacific International Conference Travel Medicine, Melbourne
- 2008 Travel Medicine Alliance Annual Medical Meeting, Bhutan
- 2009 11th International Conference on Travel Medicine, Budapest
- 2009 Travel Medicine Alliance Annual Medical Meeting, Adelaide
- 2010 World Wise Travel Medicine Meeting invited speaker, New Zealand
- 2010 Travel Medicine Alliance Annual Medical Meeting, Vanuatu
- 2011 12th International Conference on Travel Medicine, Boston
- 2011 Travel Medicine Alliance Annual Medical Meeting, Brisbane
- 2012 Travel Medicine Alliance Annual Medical Meeting, Hobart
- 2012 Tropical Surgery Conference, Cairns
- 2013 13th International Conference on Travel Medicine, Maastricht
- 2014 Asia Pacific Travel Health Conference, Ho Chi Minh
- 2014 Travel Medicine Alliance Annual Meeting, Perth
- 2015 14th International Conference on Travel Medicine, Quebec
- 2015 Travel Medicine Alliance Annual Medical Meeting, Brisbane
- 2016 15th International Conference on Travel Medicine, Barcelona
- 2017 Travel Medicine Alliance Annual Medical Meeting, Brisbane

BOOKS

Travelling Well: The must have guide to a safe and healthy journey

210,000 copies in print – now in 20th edition

Also available for iPad and Kindle, in Vietnamese and in Braille

Travelling Well Fun Book:

Resource for parents taking children overseas

BOOK CHAPTER

Mills D, Wingate D, Nonspecific Treatment: Diet, Oral Rehydration therapy, Travelers' diarrhea, 2003. . BC Decker, Hamilton, Ont. ; Lewiston, NY.

PRESENTATIONS

Mills D, Tessier D, *Preparation of the Last Minute Traveller* , International Society of Travel Medicine Conference. May 2011, Boston

Mills D, *The effectiveness of a modified intradermal rabies schedule, case series of 420 travellers*. International Society of Travel Medicine Conference. May 2011, Boston

Mills D, *Social Media in the practice of Travel Medicine*, Asia Pacific Travel Health Conference Vietnam , May 2014

CO-AUTHOR FOR PRESENTATIONS AT CONFERENCES

The Welcome Home Questionnaire as a Quality Assurance Tool. This paper was presented at the Second International Conference on Travel Medicine Atlanta USA, May 91.

Returning Travellers Survey. Survey of all returning travellers to determine the effectiveness of pre-travel advice, and presented at the Second International Conference on Travel Medicine in Atlanta, USA.

Loa Loa A case report in Australia. Presented at the Microbiological Conference in Sydney.

Leggat PA, **Mills D**, Speare R. *Level of concern and sources of information of Australian hostellers for personal safety and terrorism when travelling abroad*. 5th European Conference on Travel Medicine. Venice, Italy, March, 2006; P53: 71

Leggat PA, **Mills D**, Speare R. *Hostellers' knowledge of transmission and prevention of avian influenza when travelling abroad*. 15th Annual Scientific Meeting of The Australasian College of Tropical Medicine held in conjunction with the Australian Institute of Medical Scientists, Townsville, Australia. June 2006.

Leggat PA, **Mills D**, Speare R. *Hostellers' knowledge of transmission and prevention of avian influenza when travelling abroad*. Australian Biosecurity CRC National Workshop, Cairns, August 2006, P.20: 37.

Lau C, **Mills D**, *The Tolerability of a Combined Hepatitis A and Typhoid Vaccine in Children Aged 2 to 16 Years*. 14th Annual Conference of International Society of Travel Medicine, Quebec May 2015

PUBLICATIONS IN PEER REVIEWED JOURNALS

- Mulhall, B.P., Hu, M., Thompson, M., Lin, F., Lupton, D., **Mills, D.**, Maund, M., Cass, R., Millar, D., 1993. Planned sexual behaviour of young Australian visitors to Thailand. *Med. J. Aust.* 158, 530–535.
- Leggat, P.A., **Mills, D.**, Speare, R., 2007. Level of Concern and Sources of Information of a Group of Brisbane Hostellers for Personal Safety and Terrorism When Traveling Abroad. *Journal of Travel Medicine* 14, 112–116.
- Mills, D.J.**, Lau, C.L., Weinstein, P., 2011. Animal bites and rabies exposure in Australian travellers. *Med. J. Aust.* 195, 673–675.
- Mills, D.J.**, Lau, C.L., Fearnley, E.J., Weinstein, P., 2011. The Immunogenicity of a Modified Intradermal Pre-exposure Rabies Vaccination Schedule—A Case Series of 420 Travelers. *Journal of Travel Medicine* 18, 327–332.
- Mills, D.**, 2013. Intradermal pre-exposure rabies vaccination. Promises and pitfalls. *Travel Medicine and Infectious Disease* 11, 335–336. doi:10.1016/j.tmaid.2013.10.007
- Martin-Blondel, G., Iriart, X., Baidouri, F. El, Simon, S., **Mills, D.**, Demar, M., Pistone, T., Le Taillandier, T., Malvy, D., Gangneux, J.-P., Couppie, P., Munckhof, W., Marchou, B., Ravel, C., Berry, A., 2015. Outbreak of *Leishmania braziliensis* Cutaneous Leishmaniasis, Saül, French Guiana. *Emerging Infectious Diseases* 21, 892–894. doi:10.3201/eid2105.1411811.
- Lau CL, Streeton CL, David MC, Sly PD, **Mills DJ**. The tolerability of a combined hepatitis A and typhoid vaccine in children aged 2–16 years: an observational study. *Journal of Travel Medicine*. 2016 Feb 1;23(2):tav023.
- Mills, D.J.**, Kohl, S.E., 2016. Twitter for travel medicine providers. *Journal of Travel Medicine* 23, taw002. doi:10.1093/jtm/taw002
- Furuya-Kanamori L, **Mills D**, Sheridan S, Lau C. Medical and psychological problems faced by young Australian gap year travellers‡. *J Travel Med.* 2017;24(5). doi:10.1093/jtm/tax052.

INVITED REVIEW FOR PEER REVIEWED JOURNALS

Medical Journal Australia
Journal Travel Medicine
Journal of Military and Veterans' Health