

..So you can enjoy every minute of your trip

	TOUR	TRAVEL	EXPEDITION	
	<i>ON ..</i>	<i>OFF ..</i>	<i>NOWHERE NEAR ..</i>	
	<i>..the beaten track</i>	<i>..the beaten track</i>	<i>..the beaten track</i>	individual cost
GUT				
Antibiotic - Germs causing dysentery		Norfloxacilin	Norfloxacilin	\$20.00
Stop flow of diarrhoea	Loperamide #	Loperamide #	Loperamide #	\$10.00
Anitbiotic - Diarrhoea more severe			Azithromycin	\$36.00
Antibiotic - Diarrhoea cyclospora			Bactrim	\$10.00
Antibiotic - Kills giardia germ		Tinidazole #	Tinidazole #	\$12.00
Relieve stomach pain/cramps		Buscopan	Buscopan	\$10.00
Relieve nausea		Stemetil tablets	Stemetil tablets	\$10.00
			Stemetil suppository	\$18.00
Replace lost salts & sugar		Oral Rehydration Salts	Oral Rehydration Salts	\$14.30
Constipation	Docusate Na +Senna	Docusate Na +Senna	Docusate Na +Senna	\$7.00
Relieve indigestion		Quickeze	Quickeze	\$1.35
RESPIRATORY				
Antibiotic - Chest/sinus/throat germs	Roxithromycin #	Roxithromycin #	Roxithromycin #	\$20.00
Antibiotic - Chest infection more severe			Avelox	\$62.00
Soothe sore throat	Throat Lozenges	Throat Lozenges	Throat Lozenges	\$2.50
Clear blocked nose	Sinus/cold & flu tabs	Sinus/cold & flu tabs	Sinus/cold & flu tabs	\$13.20
PAIN				
Ease mild pain	Paracetamol	Paracetamol	Paracetamol	\$4.00
Ease moderate pain			Paracetamol with codeine	\$7.70
Relieve pain and inflammation			Ibuprofen (Nurofen)	\$9.25
WOUNDS	Tour Dressings			\$9.90
		Travel Dressings	Travel Dressings	\$24.95
Antibiotic - Skin infection			Steristrips	\$1.35
			Cephalexin	\$12.00
OTHER				
Antihistamine /Motion sickness /allergy /itch/hayfever/nausea	Avomine	Avomine	Avomine	\$8.00
eye/ear infection		Soframycin	Soframycin	\$5.90
antifungal cream			Clotrimazole Cream	\$5.05
water purification			Iodine Tablets	\$13.20
clean hands			Microshield Hand Gel	\$13.00
insect avoidance			Repellant	\$5.50 - \$11
			Permethrin Soak	\$10.00
			Nets with permethrin	\$27.50
altitude			Diamox	\$8.00
altitude			Gingko	\$16.60
jetlag			Melatonin	\$14.00
sleeping tablet			Temazepam	\$7.00
check temperature			Thermometer	\$34.10
sterile medical equipment			Trauma/Suture pack	\$22.00
safer injections		Syringe with Needles		
safer injections			Syringe Kit	\$5.90
safer sex	Condoms	Condoms	Condoms	\$1.80
instructions/documentation	Medication Guide	Medication Guide	Medication Guide	
bag	Small			\$8.00
bag		Medium		\$10.00
bag			Large	\$22.00
	\$66.95	\$134.95	[customised to individual needs]	
Other items recommended				
# If 2 people are sharing a kit ...we STRONGLY recommend you take extra of those marked # 1 .e. extra Loperamide,Tinidazole & Roxithromycin.				
= prescription medication	Prescription items can only be provided to people who have had a consultation with a Doctor in this clinic.			